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B-50 COMPLEX

with folate and B12

*Includes all the
vitamin-B*

60 tablets



Dietary-supplement containing Vitamin B

Supplement Facts: Serving size 1 tablet

Amount per serving		%NRV
Vitamin B1	50 mg	4547%
Vitamin B2	40 mg	2857,1%
Niacinamide	50 mg	312,5%
Pantothenic acid	50 mg	833%
Vitamin B6	25 mg	1786%
Biotin	50 µg	100%
Choline	50 mg	**%
Inositol	50 mg	**%
PABA	50 mg	**%
Vitamin B12	50 µg	2000%
Folate	400 µg	200%

**%: Nutrient Reference Values not established
%NRV: Nutrient Reference Values Ingredients

Net weight: 79,2g (60)

Recommended daily amount: Take one tablet daily, preferably with a meal and water.

Don't exceed the recommended daily amount!

Ingredients: Emulsifiers: dicalcium phosphate, microcrystalline cellulose, carboxymethyl cellulose sodium, choline bitartrate, thiamine mononitrate, calcium d-pantothenate, inositol, niacinamide, para-amino-benzoic acid, riboflavin, pyridoxine hydrochloride, stabilizers: hydroxy-propyl-methyl-cellulose, cross-linked sodium carboxymethylcellulose, polyvinylpyrrolidone, polydextrose, gum arabic, glazing agent: polyvinyl alcohol, antifoaming agent: fatty acids, anti-caking agents: silicon dioxide, magnesium salts of fatty acids, talc, maltodextrin, iron oxides and iron hydroxides, caprylic acid from MCT oil, calcium L-methylfolate, methyl cobalamin, biotin.

The product doesn't replace a balanced diet and healthy lifestyle.

Keep out of reach of children!

Expiration date see on the right side of the label (dd/mm/yyyy)

Store in a cool, dry place, and avoid excessive heat.

Vitamins B can contribute to the normal functioning of the nervous system. Vitamin B-12 can help reduce fatigue. It is also involved in energy-producing metabolic processes.

Manufacturer: Vitaking Kft.
Lőszergyári út 5.
Veszprém, H-8200 Hungary

