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TURMERIC

Curcuma longa

700mg

*Herbal food
supplement*

60 vegan capsules



Dietary-supplement Curcuma

Supplement Facts:
Serving size 3 capsules

Amount per serving

Curcuma	2100mg
Curcumin content	210mg

Net weight: 49,8g (60)

Ingredients: Curcuma root powder (*Curcuma longa*), hydroxypropyl-methylcellulose capsule shell, anti-caking agent: magnesium salts of fatty acids.

Recommended daily amounts:
Take three capsules daily, preferably with a meal and water.

Don't exceed the recommended daily amount!

The product doesn't replace a balanced diet and healthy lifestyle.

Keep out of reach of children!

Expiration date see on the right side of the label (dd/mm/yyyy)

Store in a cool, dry place, and avoid excessive heat.

Turmeric has an anti-inflammatory effect, relieves inflammatory pain and muscle and joint pain.

It is not recommended for patients with gallstones due to its biliary effect. It may increase the risk of bleeding in people taking anticoagulants. Pregnant women should not take it due to its possible uterine constricting effect.

Manufacturer:
Vitaking Kft.
Lőszergyári út 5.
Veszprém, H-8200 Hungary

