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VK2019 En 01B



## **CREATINE**

100% pure powder

Increases physical performance in high intensity exercise

250 grams



## Dietary supplement unflavoured micronized creatine monohydrate drink powder

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Supplement Facts: (1 teaspoon - 3,4 g)		
Amount per serving		%NRV
Creatine	3000 mg	**%
**%: Nutrient Reference Value: NRV: Nutrient Reference Value		

## Net weight: 250g

Ingredients: Micronized creatine monohydrate.

**Recommended daily amount:** 1 dose (3,4 g - 1 teaspoon powder mixed in liquid).

Don't exceed the recommended daily amount! The product doesn't replace a balanced diet and healthy lifestyle.

Keep out of reach of children!

Expiration date see on the right side of the label. (dd/mm/yyyy)

Store in a cool, dry place, and avoid excessive heat!

Consumption of the product is not recommended for under the age of 18, for pregnant, and lactating mothers, and as well as for those undergoing medication!

Creatine increases physical performance in the short term, intensity exercise. The beneficial effect is 3 g of creatine available by daily intake.

Manufacturer: Vitaking Kft. Lőszergyári út 5. Veszprém H-8200 Hungary