



VK2010 En 01C



ASHWAGANDHA EXTRACT

*Ashwagandha
contributes to
optimal relaxation*

60 vegan capsules



Dietary-supplement Ashwagandha

Supplement Facts:

Serving size 1 capsule

Amount per serving	%NRV
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Ashwagandha extract	240mg ***%
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Withanolide content: 12 mg

NRV%: Nutrient Reference Values Ingredients

***: Nutrient Reference Values not established

Net weight: 24g (60)

Recommended daily amount: Take a capsule daily, preferably with a meal and water.

Don't exceed the recommended daily amount!

The product doesn't replace a balanced diet and healthy lifestyle.

Keep out of reach of children!

The product is not recommended for pregnant, for breastfeeding women and for the age of under 12!

Ingredients: Ashwagandha (*Withania somnifera*) 5% extract, hydroxypropyl-methylcellulose capsule shell, maltodextrin, anti caking agent: magnesium salts of fatty acids.

Expiration date see on the right side of the label (dd/mm/yyyy)

Store in a cool, dry place, and avoid excessive heat!

Ashwagandha helps to maintain physical and mental abilities in case of weakness, exhaustion, fatigue and loss of concentration. It supports periods of mental and nervous tension as well as anxiety. It contributes to emotional balance and overall well-being.

Manufacturer:
Vitaking Kft.
Lőszergyári út 5.
Veszprém, H-8200 Hungary

