



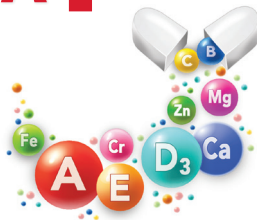
VK1916 En 02B



MEGA¹

*Daily Multivitamin
and Multiminerals
supplement*

30 tablets



Food-supplement with vitamins and minerals

Supplement Facts Serving size 1 tablet:

Amount per serving	NRV%	Amount per serving	NRV%	Amount per serving	NRV%
Vitamin A 1500µg RE-5000IU	188%	PABA 50mg	***	Copper 2mg	200%
Vitamin C 250mg	313%	Inositol 15mg	***	Manganese 5mg	250%
Vitamin D3 10µg -400IU	200%	Choline 15mg	***	Chromium 100µg	250%
Vitamin E 30IU-20,07mgTE	183,8%	Biotin 50µg	100%	Molybdenum 15µg	30%
Vitamin B1 25mg	2277%	Pantothenic acid 50mg	834%		
Vitamin B2 25mg	1785,7%	Iron 10mg	71,4%	NRV%: Nutrient Reference Values Ingre-	
Niacinamide 50mg	313%	Iodine 150µg	100%	dients	
Vitamin B6 25mg	1786%	Magnesium 100mg	27%	***: Nutrient Reference Values not estab-	
Folate 400µg	200%	Zinc 15mg	150%	lished	
Vitamin B12 50µg	2000%	Selenium 25µg	45,7%		

Ingredients: Ascorbic acid, emulsifiers: microcrystalline cellulose, croscarmellose sodium, sodium carboxymethyl cellulose, magnesium oxide, sweetener: sucrose, dicalcium phosphate, calcium carbonate, d-calcium pantothenate, nicotinamide, para amino benzoic acid, Vitamin E preparation (D-alpha-tocopheryl-acetate, modified starch, anti-caking agent: silicon dioxide), choline bitartrate, ferrous fumarate, thiamine mononitrate, pyridoxine-hydrochloride, stabilizers: hydroxy-propyl-methyl-cellulose, crospovidone, riboflavin, colours: titanium dioxide, zinc oxide, Manganese preparation: (manganese sulfate, maltodextrin, anti-caking agent: silicon dioxide), Inositol, maltodextrin, glazing agent: polyvinyl alcohol, Vitamin A preparation: (sugar, modified starch, gelatine, retinyl acetate, water, BHT, anti-caking agent: sodium aluminium silicate), anti-caking agents: silicon dioxide, magnesium salts of fatty acids, talc, Copper preparation (maltodextrin, anti-caking agent: calcium carbonate, copper oxide), corn starch, anti foaming agent: polyethylene glycol, humectant: polydextrose, Vitamin D3 preparation: (modified starch, maltodextrin, MCT oil, sugar, antioxidants: sodium ascorbate, DL-alpha-tocopherol, anti-caking agent: silicon dioxide, cholecalciferol), Chromium preparation: (maltodextrin, anti-caking agent: calcium carbonate, Chromium(III) chloride), Iodine preparation: (maltodextrin, anti-caking agent: calcium carbonate, potassium iodide), Selenium preparation: (maltodextrin, anti-caking agent: calcium carbonate, sodium selenite), Molybdenum preparation: (maltodextrin, anti-caking agent: calcium carbonate, sodium molybdate), L-methyltetrahydrofolate calcium, hydroxocobalamin, glazing agent: carnauba wax, biotin, antioxidant: tartaric acid.

Net weight: 48,84g (30 pcs)

Recommended daily amount: Take one tablet daily during a meal.

Don't exceed the recommended daily amount! The product doesn't replace a balanced diet and healthy lifestyle.

Keep out of reach of children!

Store in a cool, dry place, and avoid excessive heat.

Expiration date see on the right side of the label. (dd/mm/yyyy).

Manufacturer: Vitaking Kft.
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H-8200 Hungary

