



VK1213 En 03B



VITAMIN B-12

500µg

100 capsules



Dietary-supplement 500 µg Vitamin B12

Supplement Facts Serving size 1 capsule

Amount per serving	%NRV
Vitamin B12 500µg	20000%

%NRV: Nutrient Reference Values Ingredients

Net weight: 29,5g (100)

Ingredients: Rice flour, gelatine, Vitamin B12 preparation: (corn starch, anti-caking agent: silicon dioxide, cyanocobalamin), anti-caking agent: magnesium salts of fatty acids

Recommended daily amount:
Take a capsule daily, preferably with a meal and water.

Do not exceed the recommended daily amount!

The product does not replace a balanced diet and healthy lifestyle.

Expiration date see on the right side of the label (dd/mm/yyyy)

Keep out of reach of children! Store in a cool, dry place, and avoid excessive heat.

Manufacturer:
Vitaking Kft.
Lőszergyári út 5.
Veszprém, H-8200 Hungary



Vitamin B12 contributes to the normal functioning of the nervous system.